



MUSCLE MASS 20

TMU'S MUSCLE MASS 20 IS A TOTAL REVOLUTION IN RAPID WEIGHT GAIN.

AS WE HAVE PACKED 1100 CALORIES FROM THE MOST NUTRITIONAL DENSE PROTEINS AND CARBOHYDRATES WITHOUT ANY UNWANTED FATS PER SERVING, ENSURING YOU ADD QUALITY WEIGHT GAIN IN RIGHT AREAS OF YOUR BODY. IF YOU ARE A TYPICAL "HARD GAINER" WHO STRUGGLES TO INCREASE YOUR BODY WEIGHT, TMU'S MUSCLE MASS 20 CRASH WEIGHT GAINER IS THE PRODUCT YOU NEED. GREAT TASTE AND AN EASY MIX FORMULA IS THE SIGNATURE OF ALL TMU PRODUCTS.

WARNINGS: THIS PRODUCT IS NOT FOR USE BY ANYONE UNDER THE AGE OF 18. DO NOT TAKE THIS IF YOU HAVE OR ARE AT RISK FOR ANY MEDICAL CONDITION OR DISEASE. PLEASE CONSULT WITH A PHYSICIAN BEFORE USING THIS PRODUCT. KEEP OUT OF THE REACH OF CHILDREN.

ALLERGEN INFORMATIONS: MADE IN A GMP FACILITY THAT USES MILK, WHEY, SOY, EGG AND NUTS.

NOTE: DO NOT USE AS YOUR SOLE SOURCE OF CALORIES.

SUPPLEMENT FACTS
SERVING SIZE: 2 SCOOPS (150 G)
SERVINGS PER CONTAINER: 33

FLAVOURS	VANILLA		CHOCOLATE		STRAWBERRY		*%RNG /SERVING
	100 G	PER SERVING 150 G	100 G	PER SERVING 150 G	100 G	PER SERVING 150 G	
ENERGY	1584 KJ/ 374 KCAL	2377 KJ/ 561 KCAL	1568 KJ/ 370 KCAL	2352 KJ/ 555 KCAL	1584 KJ/ 374 KCAL	2377 KJ/ 561 KCAL	28%
FAT	0,7 G	1,05 G	0,7 G	1,05 G	0,7 G	1,05 G	1,5%
OF WHICH							
- SATURATES	0,3 G	0,45 G	0,3 G	0,45 G	0,3 G	0,45 G	2,5%
CARBOHYDRATE	69 G	103,5 G	69 G	103,5 G	69 G	103,5 G	40%
OF WHICH							
- SUGARS	30 G	45 G	30 G	45 G	30 G	45 G	50%
FIBRE	2 G	3 G	2 G	3 G	2 G	3 G	
PROTEIN	20 G	30 G	19 G	28,5 G	20 G	30 G	60%
SALT	0,5 G	0,75 G	0,5 G	0,75 G	0,5 G	0,75 G	12,5%

*%: PERCENT DAILY VALUES ARE BASED ON A 2.000 CALORIE DIET.

TYPICAL AMINO ACID PROFILE PER 100 G PROTEIN CONTENT

ESSENTIAL AMINO ACIDS

- L- LEUCINE [BCAA] 11242 MG
- L- ISOLEUCINE [BCAA] 5834 MG
- L- VALINE [BCAA] 6470 MG
- L- METHIONINE 1872 MG
- L- LYSINE 7583 MG
- L- TRYPTOPHAN 1597 MG
- L- THREONINE 5351 MG
- L- PHENYLALANINE 3346 MG

NON-ESSENTIAL AMINO ACIDS

- L- ARGININE 2109 MG
- L- ASPARTIC ACID 7654 MG
- L- ALANINE 3517 MG
- L- CYSTEINE 1389 MG
- L- GLUTAMINE & L- GLUTAMIC ACID 25281 MG
- L- GLYCINE 1474 MG
- L- HISTIDINE 25281 MG
- L- PROLINE 6484 MG
- L- TYROSINE 2469 MG
- L- SERINE 4270 MG

INGREDIENTS: CARBOHYDRATE BLEND (GLUCOSE, MALTODEXTRIN, GLUCOSE SYRUP), PROTEIN BLEND (MILK PROTEIN CONCENTRATE, WHEY PROTEIN CONCENTRATE), SKIMMED COCOA POWDER, MEDIUM CHAIN TRIGLYCERIDES (VEGETABLE FATS- FROM PALM AND COCONUT OIL), L-GLUTAMINE (AS FREE AMINO ACID FORM), EMULSIFIER (SODIUM CARBOXYMETHYL CELLULOSE), L-ISOLEUCINE, SWEETENERS: SUCRALOSE, COLOR FOR VANILLA (TARTRAZINE), COLOR FOR STRAWBERRY (PONCEAU 4R).

RECOMMENDED USE: MIX 2 SCOOPS (150G) WITH 400 ML OF YOUR BEVERAGE OF CHOICE. ON TRAINING DAYS TAKE ONE SERVING IMMEDIATELY AFTER YOUR WORKOUT.

STORAGE CONDITIONS: STORE BOTTLE TIGHTLY CLOSED AT ROOM TEMPERATURE.

LOT/EXP.

Made in EU. Formulated and Manufactured for Titanium Muscle



CRASH WEIGHT GAINER

NET WT. 5 KG