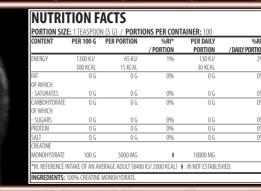
CREATINE MONOHYDRATE UNFLAVOURED, 100% CREATINE MONOHYDRATE CONTAINING FOODSTUFF INTENDED TO MEET THE EXPENDITURE OF INTENSE MUSCU-LAR EFFORT, ESPECIALLY FOR ATHLETES.

INSTRUCTIONS FOR USE: AS A FOOD SUPPLEMENT, MIX ONE TEASPOON (5 G) WITH WATER IMMEDIATELY FOLLOWING YOUR WORKOUT. FOR BEST RESULTS TAKE PRE AND POST WORKOUT.

STORAGE CONDITIONS: KEEP OUT OF REACH OF CHILDREN. STORE BOTTLE TIGHTLY CLOSED BETWEEN 5-30°C (41-86°F). KEEP AWAY FROM DIRECT HEAT, MOISTURE AND SUNLIGHT. AFTER OPENING DO NOT STORE THE PRODUCT MORE THAN 6 MONTHS. DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING.

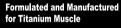
EST BEFORE: SEE THE DATE INDICATED IN THE LOT/EXP FIELD.











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ш.	PETE

LOT/EXP.